

## **Cross Walking: Believe**

March 7/8 2009

11. **Why should I ever be in bondage knowing that there is freedom where the Spirit of the Lord is?**  
(see *2 Corinthians 3:17; Galatians 5:1*)
12. **Why should I feel condemned when the Bible says there is no condemnation for those who are in Christ Jesus?**  
(see *Romans 8:1*)
13. **Why should I feel alone when Jesus said He is with me always and He will never leave nor forsake me?**  
(see *Matthew 28:20; Hebrews 13:5*)
14. **Why should I feel like I'm cursed or have bad luck when the Bible says that Christ rescued me from the curse of the law that I might receive His Spirit by faith?** (see *Galatians 3:13-14*)
15. **Why should I be unhappy when I, like Paul, can learn to be content whatever the circumstances?** (see *Philippians 4:11*)
16. **Why should I feel worthless when Christ became sin for me so that I might become the righteousness of God?**  
(see *2 Corinthians 5:21*)
17. **Why should I feel helpless in the presence of others when I know that if God is for me, who can be against me?**  
(see *Romans 8:31*)
18. **Why should I be confused when God is the author of peace and He gives me knowledge through His Spirit who lives in me?**  
(see *1 Corinthians 2:12; 14:33*)
19. **Why should I feel like a failure when I am more than a conqueror through Christ who loved me?** (see *Romans 8:37*)
20. **Why should I let the pressures of life bother me when I can take courage knowing that Jesus has overcome the world and it's problems.** (see *John 16:33*)

Last week we learned that Cross Walking is daily doing what Jesus did. *John 13:14-15*

Did you do any “foot washing” this week? Did you receive the blessing from doing it? *John 13:17*

This week we'll learn another critical dimension of Cross Walking. It's also the key to being at peace regardless of what we are going through as we fervently follow Him. What is it? Believe!

*John 14:1-11*

Peace is always available in Christ if we:

- a. Believe it's available
- b. Choose it

*When we find a commandment in Scripture and obey it we are blessed. But when we find a truth in Scripture and believe it we are also blessed. Faith is the Biblical response to the truth, and believing truth is a choice. When someone says, “I want to believe God, but I just can't, he or she is being deceived.” - Neil Anderson*

c. Receive it

*John 14:27 - I am leaving you with a gift—peace of mind and heart. And the peace I give isn't like the peace the world gives. So don't be troubled or afraid.*

**Three beliefs that keep our hearts from being troubled:**

1. Jesus won't lie to us. *John 14:2, John 14:6, Numbers 23:19*
2. Jesus speaks for God His Father. *John 14:10*
3. Jesus proved He is truly God' Son by the miracles He did.

*John 14:11, Hebrews 13:8*

**What truths do you need to believe today to keep your heart from being troubled? (See the Twenty Cans of Success)**

**Truly amazing things can happen when we Cross Walk in faith refusing to let our heart be troubled.**

**1. We get to do the amazing things Jesus did: love, heal, forgive, free, feed and do miracles! *John 14:12, Mark 16:15; 17-18***

**2. We get to see amazing answers to prayer!**

*John 14:13-14 - You can ask for anything in my name, and I will do it, because the work of the Son brings glory to the Father. Yes, ask anything in my name, and I will do it!*

**We also receive through believing in Christ a “live-in” Counselor, the Holy Spirit. His comforting presence in us and guidance into all truth helps keep our heart from being troubled. *John 14:15-27***

**a.** The Holy Spirit is our Counselor/Comforter. He helps us feel God’s presence and complete adoption. *Romans 8:15-16*

**b.** He is the Spirit of Truth given only to believers. He teaches us all things that are truthful and even reminds us of truth we have learned.

*John 16:13-14*

**How well do you know the Holy Spirit? You can learn how to hear Him, follow Him, be used by Him and be filled with Him by attending the practical class about Him starting this Sunday night (March 8, 5:30pm in the Worship Center). Are you letting your heart be troubled? You don’t have to! Receive rest by believing what Jesus said! *John 14:27***

**Discussion Questions:**

**1.** Watch or read John 14 together. Is anything “troubling” your heart right now? What causes you the most anxiety or fear in general? Do you believe that peace is really available in every situation in Christ? Share a time you personally experienced His peace.

**2.** Do you believe you can do the works Christ did? Why or why not? Do you believe He wants to answers your prayers as you seek to do what He did? Do you pray that He would work even miracles through you for His glory? Why or why not?

**3.** How well do you personally know the Holy Spirit? Can you share a time He counseled or comforted you? How about attending the class about Him as a Small Group? Take time now and pray in faith over whatever is troubling the hearts of those in your group.

## **TWENTY CANS OF SUCCESS**

*Read these truths aloud daily for encouragement!*

- 1. Why should I say I can't when the Bible says I can do all things through Christ who gives me strength? (*see Philippians 4:13*)**
- 2. Why should I worry about my needs when I know God will take care of all my needs according to His riches in glory in Christ Jesus? (*see Philippians 4:19*)**
- 3. Why should I fear when the Bible says God has not given me a spirit of fear, but of power, love and a sound mind? (*see 2 Timothy 1:7*)**
- 4. Why should I lack faith to live for Christ when God has given me a measure of faith? (*see Romans 12:3*)**
- 5. Why should I be weak when the Bible says that the Lord is the strength of my life and that I will display strength and take action because I know God? (*see Psalm 27:1, Daniel 11:32*)**
- 6. Why should I allow satan control over my life when He that is in me is greater than he that is in the world? (*see 1 John 4:4*)**
- 7. Why should I accept defeat when the Bible says that God always leads me in victory? (*see 2 Corinthians 2:14*)**
- 8. Why should I lack wisdom when I know that Christ became wisdom to me from God and that God gives wisdom to me generously when I ask Him for it? (*see 1 Corinthians 1:30; James 1:5*)**
- 9. Why should I be depressed when I can recall to mind God's lovingkindness, compassion, faithfulness and have hope? (*see Lamentations 3:21-23*)**
- 10. Why should I worry and be upset when I can cast all my anxieties on Christ who cares for me? (*see 1 Peter 5:7*)**