

**May 29/30, 2010**  
**The Valiant You**

**val·iant**

**1 : possessing or acting with bravery or boldness :**

**courageous <valiant soldiers>**

**2 : marked by, exhibiting, or carried out with courage or determination : heroic <valiant feats>**

*2 Timothy 1:7 – “For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.”*

*Daniel 11:32b – “But the people that do know their God shall be strong, and do exploits.”*

**Victory in a barley field:** *1 Chronicles 11:11-14*

**#1. Being a valiant you means not just listening to truth, but applying it. It means refusing to timidly accept the “status quo you” and go aggressively for the improving you that God is pulling for.**

**Have the courage to:**

- Embrace change – to risk giving God control
- Be unique – to not conform to this world
- Face your hurts and wounds inside and sign up for surgery
- Tame the dragon inside – to deal with the old nature
- Care; going beyond feelings to actions that bless others
- Step into the power and disciplines of the Holy Spirit
- Live beyond yourself and love others

**#2. Being a valiant you means you don’t shrink back from opposition or persecution. You are unashamed of the Gospel.**

*Hebrews 10:38-39*

**#3. Being a valiant you means you’re a participant in Gospel power.** *Romans 1:16; Jude 1:23*

**#4. Being a valiant you means you can impact the world while others are mere spectators.**

*Matthew 28:18-21*

**Discussion Questions:**

**1.** We know that God sees us as we really are, but He also sees us in Christ’s righteousness, and He sees us in the potential that He’s placed in us. How would you picture, hour by hour, a full day where you lived up to that potential? Talk with Him about living that day this day.

**2.** Read 2 Timothy 1:7 again. How do you define the three things that God has given us in His Spirit?

**3.** Consider the four personality profiles from last week. Being “valiant as a lion” is pretty easy to picture, but how might being valiant look for a beaver, otter or golden retriever?